

## GUNDECHA EDUCATION ACADEMY

CIRCULAR#: GEA/IC-PRI/SEC-009/2010-2011

DATE: July 06, 2010

**(Playgroup to Std. XII)**

Dear Parents,

We are pleased to inform you that we are introducing additional services at the school premises for parents and students of Gundecha Education Academy. Some of the details are as follows:

**OPEN DOORS** is a facilitating outfit pioneered by Shobha Sreekumaran with an aim to reach out to families. We are all constantly facing situations in our day to day lives, some of these situations can close in on us and prevent us from achieving our full potential. Open Doors therefore aims to offer solutions to some of the difficult situations experienced within the home and family life. They offer counseling and support for all members of the family this would include support groups for grieving and bereaved families, weekend programs for couples and youth, value-based sessions for students, adolescence issues, supporting them in their process of learning and character development. Ms. Shobha Sreekumaran is assisted by Mr. Steven Kanga, Ms. Jaya Abraham and Mr. Stanley Mehta.

**ECKAANKUR** is founded by Reiki-Grand Master & Alternative Therapist, Anjali Sengupta. The centre undertakes Reiki Workshops for Levels 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> A & B, treatment by Pranic Healing, Hypnosis and Reiki and Guided Meditation for Relaxation and Self Awareness. Anjali Sengupta's commitment & dedication towards her practicing field of holistic healing & counseling has transformed the lives of many directly and indirectly towards positivity, happiness & health.

Eckaankur also offers the age old science of homeopathy under the professional guidance of Dr. Bhairavi Kothari, MD Homeopathy. Homeopathy offers medicines which cure the gravest of problems with any side effects. Clubbed with the alternative therapies it has been found to do wonders.

**PHYSIOTHERAPY** by Dr. Sharon Wu - In this competitive world our kids are left with no choice but with little time for play. This in return makes them vulnerable and predisposes them to joint and muscle pains, which they may get after at the age of 40. If the upper back muscles are not strong then the arm / hands will not be able to take much load. Thus resulting in hand or fingers aching after writing a long assignment or lengthy question paper. Some children due to poor muscle control give up midway and score less marks even though they know all the answers. Another common problem with kids who strive to become great sports persons but fail physically just because there is no one to understand their body and their muscle weakness. So, with the help of a qualified Physiotherapist lets strengthen their weaknesses and help them to achieve their goals.

Parents too can approach the physiotherapist with their problems. Abdominal muscles are a part of our natural belt, so strengthen them before you begin to get back and knee pains. Grab this opportunity and register for group physiotherapy sessions.

Please find below the charges of the above mentioned facilities available at the school premises for parents and students of Gundecha Education Academy on **all Saturdays**, by **prior appointment only**:

<u>SR#</u>	<u>FACILITY</u>	<u>AMT</u>	<u>CONDUCTED BY</u>
1	Adolescence Counselling	Rs.350/- per sitting	<b>Open Doors (Mob# 9594427777)</b>
2	Parent Counselling	Rs.350/- per sitting	
3	Marriage Counselling	Rs.500/- per sitting	
4	Child Abuse Workshop (minimum 25 participants)	Rs.300/- for 3-hrs.	
5	Parenting Workshop (minimum 25 participants)	Rs.350/- for 3-hrs.	
6	Marriage Counselling Workshop (minimum 10 couples)	Rs.1,200/- per couple or Rs.600/- per head	

**Continued overleaf.....**

<u>SR#</u>	<u>FACILITY</u>	<u>AMT</u>	<u>CONDUCTED BY</u>
7	Seminar on introduction to Reiki (minimum 25 participants)	Rs.100/- for 3-hrs.	<b>Eckaankur</b> (Mob# 9819964721)
8	Individual Reiki session	Rs.500/- for 1 <sup>st</sup> sitting	
9	Follow-up Reiki session	Rs.350/- per sitting	
10	Energy exchange workshop (group upto 10)	<u>Level-1</u> : Rs.1,000/- per person <u>Level-2</u> : Rs.2,000/- per person	
11	Energy exchange workshop (group upto 15)	<u>Level-1</u> : Rs.750/- per person <u>Level-2</u> : Rs.1,500/- per person	
12	Energy exchange workshop (group 20 or more)	<u>Level-1</u> : Rs.500/- per person <u>Level-2</u> : Rs.1,000/- per person	
13	Seminar on introduction to Homeopathy (minimum 25 participants)	Rs.100/- for 3-hrs.	<b>Dr. Bhairavi Kothari</b> (Mob# 9769971371)
14	Individual Homeopathy session	Rs.500/- for 1 <sup>st</sup> sitting	
15	Follow-up Homeopathy session	Rs.350/- per sitting	
16	Homeopathy medicines	Rs.50/- per week	
17	Individual Physiotherapy sessions for students	Rs.300/- per sitting	<b>Dr. Sharon Wu</b> (Mob# 9892936509)
18	Individual Physiotherapy sessions for parents	Rs.400/- per sitting	
19	Group Physiotherapy sessions	Rs.600/- (4-sessions a month)	

*The brochure of the above mentioned services are available on the school website and also at the school office.*

For appointments, kindly contact Ms. Pratibha B. / Ms. Kavita on 66776768 / 66401716 in advance. On the day of the appointment, kindly make the payment at the school office, collect the receipt and proceed for the appointment.

Thank you,

\_\_\_\_\_  
Principal